

# DAVIS SCHOOL DISTRICT PARENT SERIES

Davis School District invites all parents and caregivers to join in an anonymous webinar on the **2nd Wednesday** of every month!  
Discover the power you have to shape your child's mental health.

**TIME: 6:30-7:30 PM via Zoom**

**To Register Now...scan the QR code or click the link**



**WED. SEPT 14**

**"Your Child's Anxiety"**

<https://cookcenter.info/DavisSept14>



**WED. JAN 11**

**"Why Our Children  
Self-harm"**

<https://cookcenter.info/DavisJan11>



**WED. OCT 12**

**"How Parents Can Help  
Prevent Suicide"**

<https://cookcenter.info/DavisOct12>



**WED. FEB 8**

**"Emotional Regulation  
~ Recognizing What's  
Wrong"**

<https://cookcenter.info/DavisFeb8>



**WED. NOV 9**

**"Bullying -  
Stop the Cycle"**

<https://cookcenter.info/DavisNov9>



**WED. MARCH 8**

**"De-escalating Cycles  
of Conflict"**

<https://cookcenter.info/DavisMarch8>



**WED. DEC 14**

**"Social Media-  
Protecting Your Child"**

<https://cookcenter.info/DavisDec14>



**WED. APRIL 12**

**"Establishing Healthy  
Boundaries"**

<https://cookcenter.info/DavisApril12>



For registration questions, please contact  
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